

DARIEN PEDIATRIC ASSOCIATES, LLC  
106 Noroton Avenue  
Darien, CT 06820

I, \_\_\_\_\_, direct my health care and medical services providers to **disclose** and release my protected health information described below to:

Name: \_\_\_\_\_

Contact information: \_\_\_\_\_

**Health information to be disclosed** upon the request of the person named above:  
(check either A or B)

- A. Disclose** my complete health record (including but not limited to diagnoses, lab tests, prognosis, treatment and billing, for all conditions) **OR**
  - B. Disclose** my health record, as above, **BUT do not disclose** the following:  
(check as appropriate)
    - Mental health records
    - Communicable diseases (including HIV and AIDS)
    - Alcohol/drug abuse treatment
    - Other (please specify) \_\_\_\_\_
- May we phone, or email or send a text to confirm appointments?  yes  no  
 May we leave a message on your answering machine at home or on your cell?  yes  no

Form of Disclosure:

- Hard Copy
- Conversation

This authorization shall be effective until (check one):

- All past, present and future periods OR
- Date or event: \_\_\_\_\_

Unless I revoke it. (**NOTE:** You may revoke this authorization in writing at any time by notifying your health care provider, preferably in writing.)

\_\_\_\_\_  
Name of Individual giving this authorization

\_\_\_\_\_  
Date of birth

\_\_\_\_\_  
Signature of Individual giving this authorization

\_\_\_\_\_  
Date